



Daniel 1:3-5, 8 (NIV) ³Then the king ordered Ashpenaz, chief of his court officials, to bring in some of the Israelites from the royal family and the nobility— ⁴young men without any physical defect, handsome, showing aptitude for every kind of learning, well informed, quick to understand, and qualified to serve in the king’s palace. He was to teach them the language and literature of the Babylonians. ⁵The king assigned them a daily amount of food and wine from the king’s table. They were to be trained for three years, and after that they were to enter the king’s service...

⁸But Daniel resolved not to defile himself with the royal food and wine, and he asked the chief official for permission not to defile himself this way.

Please test your servants for ten days: Give us nothing but vegetables to eat and water to drink. (Daniel 1:12)

At the end of the ten days they looked healthier and better nourished than any of the young men who ate the royal food. (Daniel 1:15)

So the guard took away their choice food and the wine they were to drink and gave them vegetables instead. (Daniel 1:16)

In every matter of wisdom and understanding about which the king questioned them, he found them ten times better than all the magicians and enchanters in his whole kingdom. (Daniel 1:20)

1. I Make Better Choices When I’m Willing to _____ Against Majority Opinion.

Daniel made up his mind not to defile himself by eating the food and wine given to them by the king. (Daniel 1:8, NLT)

2. I Make Better Choices When I Trust the Wisdom of _____.

Walk in all the way that the Lord your God has commanded you, so that you may live and prosper and prolong your days... (Deuteronomy 5:33)

3. I Make Better Choices When I Remember That I Only Get _____ Choice.

This day I call heaven and earth as witnesses against you that I have set before you life and death, blessings and curses. Now choose life, so that you and your children may live. (Deuteronomy 30:19)

(over)

Daniel made up his mind not to defile himself. (Daniel 1:8, NLT)

Want to Go Deeper?

- Memorize Daniel 1:8.
- Where is God leading you to decide NOW to follow His path?
- Ask about group Bible studies in the Welcome Center so you can use God’s “filter” for better decision making.
- If you are ready to accept God’s invitation to a new life, let us know and we will help you with next steps.
- Read *Teen Virtue* by Vicki Courtney.

Please let us know the commitments you are making to God by using the Communication Card. We will pray for you!